



**A dynamic community that celebrates
and supports the Arts**

Red Deer Arts Council and Red Deer Public Library
are pleased to present:

DISBOUND
WORKS BY
KIM BRUCE

running until August 17th, 2019 in the Kiwanis Gallery.

FIRST FRIDAY RED DEER:
JULY 5TH, 2019
FROM 6:00 TO 8:00 PM

Artist will be in attendance. Members, affiliates,
media, and invited guests are welcome to attend.

This exhibition's encaustic laden books explore
education for girls. **DisBound** is full of visual puns,
double entendre, symbolism and satire. Pieces include
female idioms such as a zipper and lacing.



Ties II
Encaustic Medium/Encaustic/Tacks/Ties on a Book
Kim Bruce



Zip It
Encaustic Medium/
Zipper on a Book
Kim Bruce



Torahs
Encaustic/Found Objects on Books
Kim Bruce



News and Events Happening in July

Wishing everyone an amazing summer 2019!



Canada Day, CentreFest, Bard on Bower and more!

There are so many great activities happening around town this summer!

Make sure you check out Bower Ponds on Canada Day (<https://bit.ly/2IUPW80>) and again later in July/August for Bard on Bower by Prime Stock Theatre. This year, the Shakespearean company is offering *MacBeth* and *The Tempest* on the mainstage and two touring shows at a park near you! Follow on Facebook:

<https://bit.ly/2WVWJYV> From July 2 - 5th, visit your friends at City of Red Deer Culture Services as they invite everyone to their open house at the new building, 5205 48 Ave! Then, at the end of July, CentreFest expands to a 3-Day event with the addition of The Taste of Red Deer on the Friday night! Make sure to check it out at the new Culture Services Building & Gary W. Harris Celebration Plaza on 48th Avenue!

(<https://bit.ly/2WT7ma8>)

Thank You RDAC Visual Artists!

Our 4th Annual Open Studio Tour was a huge success on June 22nd and 23rd! With 20 artists participating in and around Red Deer, there was a plethora of artistic mediums and processes to discover. Thank you to all those artists who opened their home studios to the public to share more about the fantastic works they create and the creative process, too! Check out our Facebook page for a few live video demonstrations and pics! Congratulations also to those who attended and have won a prize!

Literary Arts Committee

We are very excited to announce the formation of a Literary Arts Committee working on a project basis! After a initial session in May, the team is excited to start planning some great events including spoken word nights and a book club extravaganza pairing readers with local writers! If you're interested in joining the committee, please get in touch at info@reddeerartscouncil.ca. We love to see our local literary artists getting involved!

Meet our New Board Member – Brian Barritt



An appreciation for the Arts did not come naturally to this true blue (other words for redneck) Albertan country boy. He grew up on a farm just outside of Mirror and spent most of his life working in the Canadian Oil patch. When he met and married a local artist, Marlene Kallstrom more than 27 years ago, he was exposed to a whole new world and all things "artsy".

Marlene Kallstrom-Barritt, owner of Kallstrom Studio, is involved with art and artists in Red Deer, so Brian's exposure to the art world came through supporting her in her art and through that activity, he developed an appreciation for the arts, and as a result, became involved in the art world himself. After attending many art functions and activities, a strong appreciation of art and local artists began to develop.

When he heard that a position for a board member was available for the Red Deer Art Council, he jumped on board and started his involvement with the art world in earnest. His desire is to not only see his wife, Marlene, succeed, but to see other artists fulfill their dreams as well.

The Red Deer Public Market – For members and non-members alike, we're still offering stall rental at the Saturday Public Market in stall 18. We still have available space on September 21st & 28th, and October 5th & 12th. Rental cost is \$40 per Saturday paid in advance, you supply your tent/table/chairs, etc. Call 403-348-2787 or email info@reddeerartscouncil.ca to book!

Sacred Circle Belly Dance – Feminine Artistry

Crystal Weran went to her first belly dance class and rediscovered her life-long love of dance.

Although she'd taken tap, jazz and ballet classes as a teenager, Weran thought that door had closed when circumstances prevented her from attending the Banff School of Fine Arts, and she instead pursued a more practical career.

But while she was working as an architectural technologist in Red Deer in 2005, a co-worker suggested trying a belly dance class — and Weran was hooked. Not only did she discover belly dancing was a great way to stay active, she felt the fluid hip movements put her in touch with her “femininity, softness ...the sense of being able to adapt as life changes...”

Weran also noticed the muscle stiffness and stress associated with her desk job melted away as she moved to the hypnotic beat.

“It was the drumming, the rhythms of the music... it was just a very fun dance modality for adults.”

By 2014, Weran had completed five years of training in the Middle-Eastern dance style and decided to open her own belly dance school.

It's called Sacred Circle Belly Dance, highlighting the sense of empowerment, inclusivity and spiritual well-being that the dance form can provide, said Weran, who's attained 1,000 hours of teacher training and therapeutic instruction. She wants her studio to be a family-friendly, “cozy little gathering place for like-minded individuals.”

So far, 54 students are taking a variety of classes at 4702-49th Ave., including aerial yoga and regular yoga. The 15- to 73-year-olds (including one male) are free to take their own approach to classes — whether they want to participate in a t-shirt and sweats, add a jingly hip scarf or bare their midriff.

“In class, we wear whatever we're comfortable in,” said Weran.

While there are different moves to be learned, “I'd like (students) to find their own version of what we do — dance the way they like to dance, in a way that moves them from within.”



Winnipeg born, Regina-raised Weran believes belly dancing helps participants strengthen their cores while also nourishing “the music in their souls... There's a fitness element to it and you can have fun while maintaining.”

As an international and local performing artist, Crystal joined the Red Deer Arts Council to share, collaborate with, and support our local arts community.

Image courtesy of Kazoo Productions

I am the Arts

We are a belly dance school specializing in dance, yoga and fitness.

We aim to provide a supportive place that allows students to embody the best version of themselves.

We believe people can learn to embrace their bodies and their 'sacred feminine.'

We are Sacred Circle Belly Dance in Red Deer

Join us in discovering the best our city has to offer.

Red Deer Arts Council

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 Red Deer Arts Council

 @RDArtsCouncil



Our thanks to the City of Red Deer for all its support through Culture Services!